

asparagus when in season. I also love pappardelle pasta with mushrooms

Chef James: Do you think you will write any future books or articles about food history?

Agostino von Hassell: I am working with my team on a new book right now with the tentative name 'Typhoon'. This book tells how the voyages of discovery and the clash of civilizations created new foods and flavor. One example is Japanese tempura – an import from Portugal.

Chef James: Finally, is there anything you can tell us about yourself, or your career that would be interesting or helpful to others aspiring to write about various aspects of food history?

Agostino von Hassell: Try everything; taste a lot; pull lots of corks to try different wines; and experiment

Agostino Von Hassell And Herrn Dillon's book, **Military High Life**, has been highly praised by Chef John Besh, a former Marine, owner of prestigious August Restaurant in New Orleans, Louisiana (USA), and Winner of the 2006 James Beard Foundation Best Chef Southeast Award:

"As a food history buff, I am excited to see a book that connects our fine dining of today with that of the cuisine of the leaders of the Roman Legions... Military High Life was an interesting read for me as a former squad leader, mortar man, and forward observer, who now cooks elegant dishes steeped in military tradition. Enjoy this great work!"

Agostino von Hassell is preparing a book with Chef John Besh on Louisiana cooking Cultures and Recipes. He is working a food history/anthropology book, **Typhoon**, on the impact of the fall of Constantinople to the Turks (1453) on food, culture, and life in Early Modern Europe until current times and the impact of the voyages of the discoveries on

culinary arts. He is a Chevalier of La Confrérie des Chevaliers du Tastevin, and a Member of the Washington, DC, Chapter. An international trade consultant and freelance photojournalist who makes his home in New York and Virginia, Agostino von Hassell has published two illustrated books on the United States Marine Corps, one book on West Point and will release later this year a book on the OSS and Abwehr in World War II. He is a life member of the US Marine Corps Combat Correspondents Association.

When we fought terrorism and won—page 54

MILITARY HISTORY



Flags of Our Wars

How we slowly
fell in love with
the stars and stripes

The Trojan War
What Horse?

Military Cuisine
invented on
the battlefield

PLUS
Iroquois battle
tactics, Springfield
rifles, U-Boats off
Cape Cod

Havana Harbor 1898:
45 stars and 13 stripes
wave over the sunken
battleship *USS Maine*



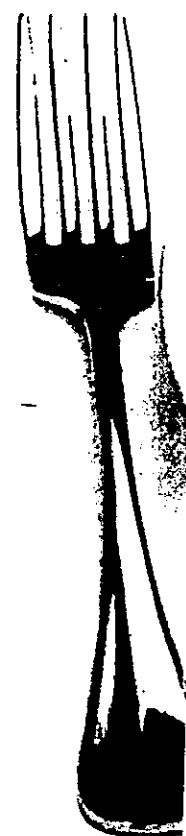
Beyond Hardtack

The Curious Lore of Military Food

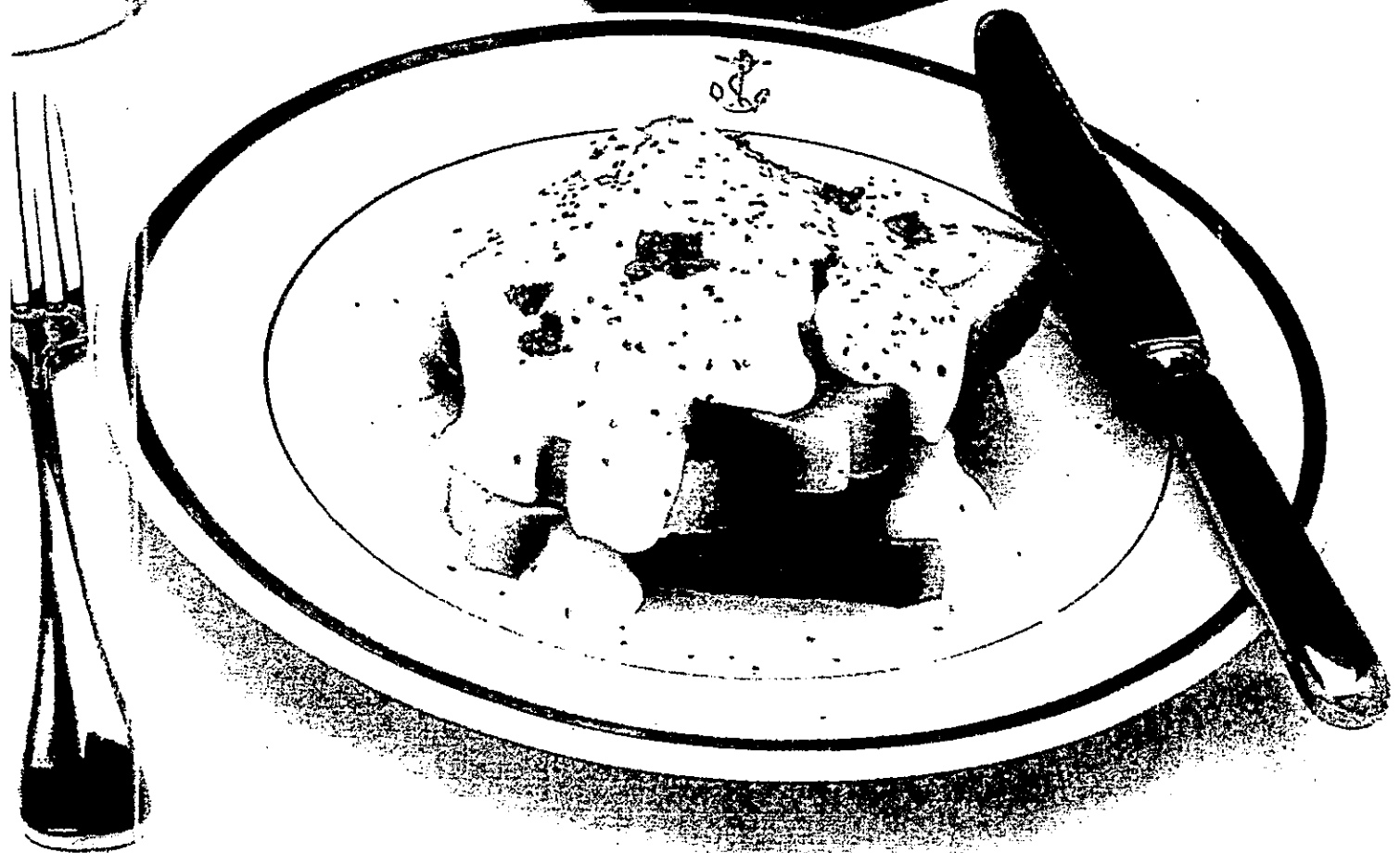
BY AGOSTINO VON HASSELL, HERM DILLON
AND LESLIE JEAN-BART



◀ "The Sword of Autumn"—Imperial China: Based on records from the writings of Kao Tzu, a philosopher from the Warring States era (a time of intense civil war from 453 to 221 BC). Savory grilled fish known as "sword of autumn" are served on a bed of rice. Spiced with wild chives and a dark soy sauce, it is an exceptionally simple yet elegant dish. Grilling the fish and serving it with rice was well within the capabilities of field kitchens along China's long coastline.



SOS (ground beef on toast,
affectionately known as "SOS" or "I
singin'")—U.S. Navy Long standing
breakfast item in Navy messhalls.
SOS began appearing on civilian
tables following World War II.



ALL PHOTOS BY LESLIE JEAN BART EXCEPT WHERE OTHERWISE NOTED

When we think of military food today, the first things that come to most American minds are C-Rations, or K-Rations or even hardtack. Or we think of MREs (meals, ready-to-eat), the fuel that powers our modern military in

the field. What eludes many of us is that a great deal of fancy food has emerged from military leaders and organizations, sometimes by necessity, other times by accident, but most often in a concerted and purposeful desire to develop fine cuisine.

The almost paramount disdain for good field rations in the U.S. military is hard to explain. Maybe the desire for elegant food is viewed as "not manly," as one U.S. Marine Corps general said. Or, as is the case with the overall culinary culture of the United States, elegant food came very late to our tables. The puritanical traditions and pioneering spirit form most of America's food traditions—meals should be plentiful and solid. Elegance in preparation and a selection of delicate ingredients are seen as frivolous.

This practice differs markedly from the military services of

Europe, Japan, China, India and, of course, ancient Rome and Greece, old Egypt and much of the Arab world. For thousands of years, service in the military—particularly in the officer corps—was the duty and privilege of the upper classes, the rulers, the kings and the princes. Good performance in battle was essential to advancing in society. Thus elegant food made it to the field of battle and, in turn, influenced the home.

Europe's field armies to this day retain much of the traditions and glory of good food, albeit in somewhat diminished levels, a reflection of the global transition to a mass society that discourages individualism. Yet the tradition of fine food remains alive in many military cultures. Agostino von Hassell, co-author of *Military High Life: Elegant Food Histories and Recipes*, described his gustatory experience in Beirut in 1982-1983, as superlative: "Unforgettable to me were numerous lunches and dinners with the San Marco Battalion. The Italian marines occupied the sector just north of the U.S. Marine positions. Superb food was the rule of the day for the Italians while most U.S. marines were limited to the contents of olive-

► Medium-rare lamb served with green beans, mint jelly and dark beer—British officers' mess: Officers were required to contribute to a "common regimental table," appointed with quality silver, linens, claret and "other requisites of luxury." Alongside traditional fare are samples of trench art manufactured out of ammunition by soldiers, including a knife, fork, fish knife marked "Mame," shell casing used as a cigarette holder, flask and small ashtray with the regimental logo of the Welsh Guards.



► Rations for a typical soldier—Imperial Rome: Almonds, olives and a dish prepared with faro (wheat), olive oil, bacon, onion and fresh thyme are served with red wine in a clay tumbler. In permanent camps Roman soldiers supplemented their diet with a variety of foods, including bacon, porridge and even hardtack. Sour wine, called *posca*, was vinegar diluted with water, which could be quite refreshing. Another popular food was cheese—easy to carry and store, and offering valuable protein. The demand for cheese was so great that under the rule of Augustus the Roman Legion supply corps was required to promote the development of indigenous cheeses.

SOS

SOS is a standard military breakfast item with every mess hall, every ship, every unit having different recipes. The basics are the same—sauteed ground beef on toast. Far from basic, SOS increasingly is featured on the breakfast menus of the finest hotels around the United States.

Ingredients

1 pound ground beef
1/4 cup flour
2 cups milk
3-4 drops Tabasco
salt and pepper to taste
white bread, toasted

Instructions

1. Brown and chop ground beef. Remove ground beef with slotted spoon and drain

on a paper towel.

2. Sprinkle flour into the fat remaining in the pan to make a roux.
3. Cook for a few minutes over low heat.
4. Add milk a little at a time while stirring.
5. Add Tabasco.
6. Cook until thick and bubbling.
7. Add ground beef, and salt and pepper to taste.
8. Serve over toasted white bread "shingles."





drab cans and early versions of Meals, Ready-to-Eat."

Along with decent-quality table wine, the Italians served up freshly cooked meals consisting of pasta dishes that varied every day—fresh fish, grilled meats and a host of well-prepared vegetables. The Italians had managed to transport the very best of Italy's cuisine to the field and pulled it off with style under combat conditions.

"Similar experience could be had in the headquarters of the French Foreign Legion, occupying the sector adjoining the Italians," von Hassell wrote. Their headquarters was the old 19th-century clubhouse of the Beirut race course, then located just next to the famous 'Green Line,' the center of daily shootings and skirmishes.

"I recall one day when lunch was served by Legionnaires, dressed in white, well-starched jackets and camouflage trousers with submachine guns over their shoulders," he said. "The multi-course lunch consisted of a delicate Vichyssoise followed

by herbed grilled chicken, a cheese course, and chocolate mousse. Wine from the Legion's vineyards was served in real glass, and elegant solid sterling covered the white tablecloths. My host, however, profusely apologized about the quality of the table service, saying that the good crystal and better silver had been put away. Why had it been put away? The Syrians—we guess—were happily shelling the top floors of the clubhouse, creating both noise and dust. But lunch had to go on."

Presented here are dishes ranging from relatively simple foods to some of the fanciest military cuisines of the world. The authors had to rely on their own combat experience and exposure to foreign military forces and the availability of limited historical research. **MH**

From Military High Life: Elegant Food Histories and Recipes, by Agostino von Hassell, Herm Dillon and Leslie Jean-Bart, published by University Press of the South, November 2006.

◀ **Chicken Marengo—France:** One of Napoleon Bonaparte's favorite dishes, this was created at the Battle of Marengo in 1800 by the "Little General's" personal chef, Dunard, using the meager supplies he could find: a small chicken cut up with a sword, some eggs, stale bread, crawfish, garlic and brandy.

▶ **Beef Wellington—British army:** Served against a backdrop of artifacts used by the Life Guards, the British Crown's most famous household regiment, an individual beef Wellington is accompanied by reddish, almost translucent sauce, greens for garnish and tiny red potatoes. The Wellington's crust is decorated with a simplified version of the regimental badge. The mess cap on the table belonged to Field Marshal Horatio Kitchener.





△ Sauerkraut with smoked sausages and capers—Prussian army: Along with buttered bread, a traditional sauerkraut dish is served in a standard-issue World War I canteen atop a *Kriegskarte* (war map) of the Middle East. Alongside are a Mauser Model 1898 bolt-action infantry rifle and a standard-issue bayonet.



◀ Breakfast of champions—U.S. Navy: Alongside plenty of coffee (black, of course), breakfast fare in the wardroom of USS *Nassau*, a capital ship that is home to some 1,900 U.S. Marines, is typically simple and nourishing, and often supplemented by treats from home, such as a favorite cold cereal. Wardrooms function as unofficial social clubs, where gossip is exchanged, games are played and “mid rats” are issued (peanut butter and jelly sandwiches and ice cream are among the most popular snacks these days).



▲ Olive oil—Portuguese military: Standing in a warehouse capable of storing 2 million liters of olive oil, a Portuguese private displays a bottle of the oil produced and bottled by Portuguese Military Logistics. Two different types, 90 percent extra virgin and 10 percent virgin, are distributed to military facilities throughout Portugal.

To: Agostino von Hassell page 1 & 2

The book also has some excellent illustrations from *The Book of Household Management* and contemporary photographs, including one of Isabella that hangs in the National Portrait Gallery in London. I found *The Short Times and Long Life of Mrs Beeton* a fascinating book. It drew me along page by page; I wanted to know what happened to Isabella and Sam and what happened to Sam and his publishing business after Isabella's death. All in all, this is a very enjoyable, extremely competently researched, and well-crafted book.

--Patsy Iddison, London

Food Is Love: Advertising and Gender Roles in Modern America
Katherine J. Parkin
Philadelphia: University of Pennsylvania Press, 2006
296 pp. Illustrations. \$24.95 (cloth)

The advertising industry has long been recognized by cultural commentators as a source of rigid ideals regarding gender roles, gendered bodies, motherhood, and family. Naomi Wolf's now-classic analysis of advertising as a source of gender oppression (*The Beauty Myth: How Images of Beauty Are Used Against Women*) was a turning point in contemporary discourse on the link between advertising's portrayal of gender norms and women's angst as they attempt to live up to them. Katherine J. Parkin's *Food Is Love: Advertising and Gender Roles in Modern America* contributes to this scholarship by examining how gender roles were portrayed and reified in food advertisements over the course of the twentieth century.

Parkin utilizes several sources of data. She examines "well over 3000 ads in 150 issues of the [*Ladies Home Journal*]" (p. 7) from 1902 to 1998, as well as advertisements from *Good Housekeeping*, *Life*, and many other magazines. Beyond this extensive content analysis, Parkin also reaps insider information from trade journals and the archives of several organizations that have conducted decades of research for the advertising industry on patterns in consumer food purchasing.

Food Is Love contains six substantive chapters, each dealing with a different dimension of how advertisements portray and perpetuate particular gender roles in American society: 1) Advertisers and their Paradigm: Women as Consumers; 2) Love, Fear, and Freedom: Selling Traditional Gender Roles; 3) Women's Power to Make Us: Cooking Up a Family's Identity; 4) Authority and Entitlement: Men in Food Advertising; 5) Health,

Beauty and Sexuality: A Woman's Responsibility; and 6) A Mother's Love: Children and Food Advertising.

One of Parkin's key contributions is her emphasis on the finding that over the past century advertisers consistently ignored data generated by their own industry. This data indicated, for example, that African Americans purchase more food than their white counterparts, that men increasingly purchase a high percentage of the household food, and that women are increasingly frustrated by the images of women in food advertisements. One might assume that the food industry would develop advertisements in response to this market research, but according to Parkin, this data is dismissed by the industry, which instead continues to produce advertisements that disregard African Americans, Hispanics, and men. To make her point, Parkin reviews at length advertisements that, for much of the twentieth century, relied heavily on images of incompetent males and food-ready females. She then examines twenty years of research findings demonstrating that men do indeed purchase food in significant numbers. In this key section of the book, Parkin makes an important contribution to our understanding of the social construction of masculine identities. Far from being an anecdotal commentary on advertisements as a means of afflicting female consumers with guilt and anxiety, Parkin's book offers empirical evidence to support her claim that the advertising industry directly ignored its own research in favor of upholding a set of idealized gender roles in its campaigns.

Let one think that Parkin's work is dull and academic, he assured that it is not. She successfully couples solid scholarly analysis with advertising examples that are often amusing, sometimes bizarre, and always effective in elucidating her points. The book's single flaw is her occasional sarcastic commentary. Nevertheless, Parkin's exhaustive research will convince even the most skeptical reader, who might possibly enjoy a sarcastic comment or two.

--Christine Sonea Sheikh, University of Denver

Military High Life: Elegant Food Histories and Recipes
Agostino von Hassell, Herra Dillon, Leslie Jean-Bart
New Orleans: University Press of the South, 2006
162 pp. Illustrations. \$34.95 (cloth)

Union Private Wilbur Fisk noted of soldier-cooks in 1862, "I fancy our tidy New England housekeepers... would smile to see what splendid novices we are in the culinary art. But any young lady so foolish as to contemplate matrimony

Continued →

To: Apotino von Hared page 2 of 2

with such rugged specimens... if she be an indifferent cook, need not be unduly elated at this account... for these same boys, who out-Graham Sylvester Graham himself, in his most radical ideas of simplicity in diet, would seem to accept such food if served to them by their dearest beloved, of whom they will imagine angelic things."¹ *Military High Life: Elegant Food Histories and Recipes* takes a different view of military food, attempting to address more ornate meals and support the authors' (united) adoption of anthropologist Sydney Mintz's claim that "War is probably the single most powerful instrument in dietary change in human experience."

Military High Life is a visually striking book with over 130 color illustrations and photographs, ranging from military and other artifacts to period artwork and gorgeously styled photos of dishes described in the text. The chapters attempt to discuss military foodways of different countries and eras and military-related culinary innovation or cultural transfers, with some emphasis (as the title infers) on the fancier foods eaten by the armed forces' upper crust. The study begins with a discussion of Ancient Egypt and Greece and moves on to Rome, the Ottoman Empire, Japan and China, the Napoleonic era, Portugal, and the United States. Four other chapters delve into "The Mess" (in this case for officers), naval food, beverages, and food anecdotes. Augmenting the book are over seventy recipes, from the faki soup possibly served to Greek hoplite armies to General Pickett's shad, based on the meal that lost the 1863 Battle of Five Forks.

While this conglomeration is impressive and far ranging, I am, on the whole, disappointed. The authors' net has been too widely cast to allow sufficient support for any central theme. They begin by stating that their book "will take you on a culinary journey through the fancy military cuisines of the world" (p.13), but instead they repeatedly discuss common soldiers' meals and rough campaign foods. Some claims and statements are in error or insufficiently supported, and a number of recipes and parts of the narrative, such as the sections on China and Portugal, seem to have little or no association with military or military-influenced foods. The text often seems to play second fiddle to the illustrations, rather than having the latter support a coherent, cohesive, and well-researched account.

The bulk of the narrative has an air of anecdote and contains a number of accounts printed as fact, which from my own research I know to be incorrect. To name several, it was Englishman Peter Durand who first patented metal cans for preserving foods in 1810, not Thomas Kensett, who received the 1825 American patent. The story of Sam Wilson cited as fact on page 137 is only one of several

unproven tales concerning the origin of Uncle Sam. And Continental troops at Valley Forge are not known to have been served pepper pot soup (p.133). Even the generally accepted quote attributed to Napoleon regarding an army marching on its stomach (pp.13, 49) cannot be verified as fact; the actual source was likely Frederick the Great, who wrote, "Understand that the foundation of an army is the belly."² Other failings include contradictions. At one point the authors claim that Roman soldiers' diet included hardtack (p.13), but they later state that hardtack "first appeared in thirteenth century Spain" (p.113). They repeatedly include hearsay tales (see General Tso's Chicken, pp.41-42) and offer unsupported references to dishes supposedly named after or invented by military leaders. For instance, "Nelson's Soup for the Sick and Hurt" is said to have been "likely concocted under the command of Admiral Nelson" (p.88), but the dish is merely another recipe for the portable soup commonly used in the eighteenth century for soldiers, travelers, and the sick.

The text suffers from hasty editing and cursory research. Perhaps the authors set their standards too low from the start. At the end of the introductory chapter they note: "This book...is far from complete, as we had to rely on our own combat experience and exposure to foreign military forces and the availability of limited historical research" (p.13). An admission like that, in light of the visual opulence of the book and the obvious time and expense invested in it, is inexcusable; it shortchanges the authors as well as the book's readers. I only wish that the same care and attention to detail in the pictorial material had been bestowed on the narrative.

While *Military High Life* did provide me with a few insights, in the end it serves only as light fare, perhaps meriting a place on the food or military history aficionado's bookshelf as an entertaining overview but not as a source for solid information on armed forces' foodways or the military role in world cuisine.

—John Boen, contributor, *Food History News*

NOTES

1. Cited in Emul and Ruth Rumschick, eds., *Hard Marching Ears: Emul, The Civil War Letters of Private Wilbur Fisk, 1861-1865* (Lawrence: University of Kansas Press, 1992), 30-32.

2. "The Instructions of Frederick the Great for His Generals" written by Frederick in 1747 at the age of thirty-five, when he was still a prince. The work first appeared in English in 1760 under the title "Military Instructions by the King of Prussia." See Brig. Gen. Thomas R. Phillips, ed., *Roots of Strategy* (Harrisburg, Pa: Stackpole Books, 1981), 527.

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Military dining does go beyond rations

PEORIA JOURNAL STAR, INC.

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Join the military: Eat well.

Unfortunately, that isn't a slogan that many have heard over the years. Military food has long had the reputation as edible - at best. Rations are often meant for sustenance, not gourmet treats.

However, throughout history - as far back as ancient civilization - military celebrations have been another story. Often lavish, and always tasty, spreads throughout the world's troops have drawn cheers.

What better time than Memorial Day to set a table with examples from those shindigs and think of the men and women who have protected, served and often given their lives for their countries?

"Military High Life: Elegant Food Histories and Recipes" by Agostino von Hassell, Herm Dillon and Leslie Jean-Bart (University Press of the South, \$34.95) celebrates the celebrations. It is richly illustrated with photographs and drawings and serves recipes from throughout time.

Many elegant recipes appear in the book, like Bengal Lancers' shrimp curry from when the famed British troops were serving in India and pan-seared marinated buffalo stuffed with Vidalia onions, shiitake mushrooms and black tiger prawns from the kitchens of the U.S. Navy's fast attack submarine Buffalo that's home-ported in Pearl Harbor and "upholds a long tradition of superb food aboard submarines."

Much of the celebratory military food through time is delicious enough for special occasions, but takes no more work or effort than everyday food. ANZAC (Australian New Zealand Army Corps) Biscuits, for instance, are a delicious combination of rolled oats, coconut, sugar and maple syrup that just involve a quick mix and bake. Egg rolls created by cooks at the Marine Corps Barracks in Washington, D.C., are an easy beef-and-cheese-filled affair.

EGG ROLLS FROM THE MARINE COMMANDANT'S HOUSE

- 1 pound lean ground beef
- 3 celery stalks, finely chopped
- 6 green onion stalks, finely chopped
- 1 cup finely chopped cabbage

- 4 tablespoons butter or margarine
- 2 to 3 cups grated sharp cheddar cheese
- 1/4 cup soy sauce
- 1/2 teaspoon garlic powder
- 3/4 teaspoon freshly ground pepper
- 1 package of 50 won ton wrappers

Mustard sauce or sweet and sour sauce, for serving

In a frying pan, brown ground beef and drain.

In a separate pan, saute celery, onion and cabbage in butter.

Add vegetable mixture to meat, along with cheese, soy sauce and spices.

Place 1 teaspoon mixture on each won ton wrapper and wet edges with water. Fold edges in and over and deep fat fry to a golden brown.

Serve with mustard sauce or sweet and sour sauce.

Yields 50 egg rolls. Per egg roll: 82 calories; 4 grams protein; 5.1 grams fat (56.1 percent of total calories); 5 grams carbohydrate; 0.2 gram fiber; 17 milligrams cholesterol; and 186 milligrams sodium.

ANZAC BISCUITS

- 1 cup rolled oats
- 3/4 cup desiccated coconut
- 1 cup all-purpose flour
- 1 cup sugar
- 1/4 pound butter, melted
- 1 tablespoon maple syrup or honey
- 1 1/2 tablespoons baking soda
- 2 tablespoons boiling water

In a large bowl, combine oats, coconut, flour and sugar. Add butter and syrup or honey.

Add baking soda to the boiling water, then add to the bowl.

Place spoonfuls on a greased cookie sheet. Bake at 300 degrees for about 20 minutes. Allow to cool. Store in an airtight container.

Serves 10. Per serving: 351 calories; 3.9 grams protein; 21.3 grams fat (54.7 percent of total calories); 35.8 grams carbohydrate; 4.5 grams fiber; 25 milligrams cholesterol; and 100 milligrams sodium.

- From "Military High Life: Elegant Food Histories and Recipes" by Agostino von Hassell, Herm Dillon, and Leslie Jean-Bart (University Press of the South, \$34.95)

Lisa Messinger of Copley News Service is a first-place winner in food writing from the Association of Food Journalists and the author of seven food books.

Norfolk Virginia
The Daily

November 8, 2006

Boyce author traces military meals through history
By Natalie Austin
(Daily Staff Writer)

BOYCE - In starched white jackets — submachine guns slung over their shoulders — members of the French Foreign Legion ignored the shelling outside and dust sifting through the ceiling, delivering an elegant lunch, from vichyssoise to chocolate mousse.

Wine was served — the hosts apologized that the finer crystal had been packed away — and solid sterling cutlery lined the place settings.

The memorable meal, its juxtaposition with civil war Beirut in 1983, is one of many Agostino von Hassell has eaten with the U.S. Marine Corps.

Not all of them were culinary victories, von Hassell admits, adding that it seems the bad food is what most associate with the armed services. Some pretty fancy fare has been served up through the ages, however, says von Hassell, who set out to document these more decadent dining habits, beginning with the ancient Egyptians on to modern day.

"The average reaction to military food is that it is yecchy," he says. "I tried to gather the evidence so people would actually believe me."

The Boyce author's findings, complete with sumptuous photographs with period trappings, can be found in his latest book, "Military High Life: Elegant Food Histories and Recipes" (University Press of the South Inc.). The book includes a forward by renowned New Orleans chef John Besh, a fellow Marine and regular on the Food Network.

The book spans the centuries with notable meals taken by the likes of Napoleon and Gen. Thomas J. "Stonewall" Jackson. Among the many recipes are one for the latter's "Looted Lobster Salad," made possible by Jackson's raid of a Yankee supply depot near Manassas Junction in 1862. Fresh lobsters, ham and cigars were among the bounty the general's men made off with that day.

Research and attention to detail — a food stylist and 4-by-5 camera were used for photographs — are aspects of the book the military historian, cook and former journalist took quite seriously. Each dish pictured in the book is arranged with items appropriate to the period. Civil War-era objects, including a sword and an 1863 McClellan cavalry saddle, are pictured beside the lobster dish to add authenticity.



Dennis Grundman/Daily
Agostino von Hassell, author of the new book, "Military High Life: Elegant Food Histories and Recipes," prepares a meal from his book during an event at the Burwell-Morgan Mill in Millwood on Saturday.

"The photos are quote, unquote, critical, because they are the evidence," says von Hassell.

Many of the "props," used in photos are priceless family heirlooms owned by von Hassell, whose father was the first German ambassador to the United Nations in New York and whose grandfather was executed after attempting to kill Hitler in 1944. Von Hassell has been associated with the Marines since the '70s; most of his work remains classified.

Although his aristocratic roots gaze from portraits lining the walls, von Hassell has an easy way about him. Sitting in front of a glowing fireplace on a chilly fall afternoon, he laughs when recalling an incident 200 miles north of the Arctic Circle — the site of his culinary epiphany.

"I started working on it [the book] because I was being fed really bad food in assorted horrible places," he says.

Landing with an amphibious force in 1981, von Hassell and his unit were guinea pigs for what later would become the military's standard Meals Ready to Eat, or MRE. Royal Marine Commandos on the operation refused to trade their rations, which included Cadbury chocolates and other brand-name items. U.S. field rations did and still do contain an essential one, Tabasco sauce, he says.

From the horror of that "Assault Menu Prototype," he began to research and collect recipes, revealing surprising details about not only the importance of food in military history, but quality in many cases.

With recipes dating back to 479 B.C., "Military High Life," allows modern cooks to have a taste of what Greek soldiers dined on during breaks from battle with the Persians. Many of the meals rooted in antiquity are a bit much for real consumption, including one for Cooked Flamingo — the birds' tongues were particularly prized — that may have been enjoyed by Rome's elite. The same recipe can be used for cooking parrot, the recipe concludes.

"An army marches on its stomach," Napoleon Bonaparte was quoted to have said.

Named for what the emperor considered his most brilliant battle, which took place in Marengo, a small town south of Turin, Italy, Chicken Marengo also was one of his favorite meals to eat on the battlefield, according to von Hassell's book, chock-full of such colorful anecdotes.

A scrawny chicken cut up with a sword, eggs, stale bread, crayfish, and some brandy from Napoleon's own canteen made up the first version, which is updated for modern tables in the book. A sword and a French artillery flag — a few shots were fired at it to make it appear "battle ready," the author adds, smiling — frame the dish in a photo.

For another, von Hassell searched Manhattan until he found a shop that sold oval cigarettes to be pictured beside a World War I-era dish. Round ones, he says, weren't developed until the late 1920s.

"There was a real effort to get things as real as possible, almost to absurd extremes," he says.

Another World War I recipe is photographed with a fish knife and fork made from bullets and casings, a common way to pass hours in foxholes, says von Hassell.

For another, von Hassell traveled to the Burwell-Morgan Mill in Millwood, where he set a tavern scene for a dish served to Gen. George Washington at a victory in New York. Lamb stuffed with oysters and spoon bread were on the menu that day.

Some of the most famous cooks throughout history got their starts in the military, making do with very little, the art of improvisation a lasting ability. Great food can be served in tents, as well as a Ritz Paris, where one of the most famous chefs in history, Auguste Escoffier, 1846-1935, took his experiences cooking with the French military.

To the charge that U.S. military field food remains the butt of jokes and complaints, von Hassell only offers the idea that the rough and rugged nature of an American soldier may not lend itself to the fancies of finer fare.

"There's nothing unmanly about being a good cook," he says.

On that day in 1983, of white tablecloths and the multi-course lunch served by the French, von Hassell has fond memories.

There are also dark ones.

In what has been termed the United States' first terrorist attack, the bombing of the Marine barracks that same year brings out the memories of a soldier.

"I lost 241 of my buddies," he says.

"Military High Life: Elegant Food Histories and Recipes" is dedicated to the memory of the brave men and women who have fought in the nation's battles. A portion of the proceeds from the book sales will be used to feed homeless veterans at: Samaritan Village Veterans Program, 327 W. 43rd St., New York, N.Y. 10036.

- Contact Natalie Austin at naustine@nyc.earthlink.net

Egg Rolls from the Marine Commandant's House

- 1 pound lean ground beef
- 3 celery stalks, finely chopped
- 6 green onion stalks, finely chopped
- 1 cup finely chopped cabbage
- 4 tablespoons butter or margarine
- 2 or 3 cups grated sharp cheddar cheese
- 1/4 cup soy sauce
- 1/2 teaspoon garlic powder
- 3/4 teaspoon fresh ground pepper
- 1 package of 50 wonton wrappers

1. In a frying pan, brown ground beef and drain.
 2. In a separate pan, sauté celery, onion, cabbage and butter.
 3. Add vegetable mixture to the meat, along with cheese, soy sauce and spices.
 4. Place 1 teaspoon on each wonton wrapper and wet wedges with water.
 5. Fold edges in and over and deep fat fry to a golden brown.
 6. Serve with mustard sauce or sweet and sour sauce.
- Makes 50 egg rolls.

Napoleon's Chicken Marengo

- 1 whole chicken, cut into pieces
- 1 teaspoon salt
- 1 turn of the pepper mill
- 2 tablespoons flour
- 4 tablespoons olive oil
- 1 yellow onion, chopped
- 1/2 clove garlic, minced
- 1/2 cup peeled, seeded, and chopped tomato
- 1/2 cup cognac (may substitute sherry)
- 1/2 cup white truffles, sliced thinly (optional)
- 6 eggs for garnishing
- crayfish (optional)

1. Sprinkle chicken with salt, pepper, and flour and brown in oil. Set aside.
 2. Mix onions and garlic in same pan. Add chicken and rest of ingredients (except eggs and crayfish), cover, and simmer until tender (30-40 minutes).
 3. Fry the eggs and place one on each dish as a garnish.
 4. If available, boil crayfish until it turns red and place on top of the dish.
- Source: "Military High Life: Elegant Food Histories and Recipes"

EXHIBIT C

UNITED STATES DISTRICT COURT
SOUTHERN DISTRICT OF NEW YORK

-----X
 CHRISTINA AUGUSTIN VON HASSELL a/k/a :
 AGOSTINO VON HASSELL, :
 : 07 Civ. 3477 (LAK)
 Plaintiff, :
 :
 - against - :
 :
 ALAIN SAINT-SAENS and UNIVERSITY :
 PRESS OF THE SOUTH, INC., :
 :
 Defendants. :
 -----X

Military High Life Cumulative Expenses

Paid Out To	What For	Total Amount	Exhibit No.
Lisa M. Pellegrino	Editing, research, writing and assisting with book promotion.	\$ 11,394.38	D
Kristin L. Hoelen	Photography assistant	\$ 3,900.00	E, F
Deborah Fisher/Book Editing	Copy editing	\$ 800.00	G
Sherilyn Kulesh	Design and art.	\$ 13,151.16	H
Keith Crossley	Art and photography design.	\$ 3,700.00	I
Shipping	Completed book from Long Beach California to New Orleans.	\$ 7,130.17	J
Robert N. Solomon, Esq.	Legal fees for negotiating with University Press of the South.	\$ 14,420.50	K
Harry McMann	Food styling; purchase of some food items; preparing food for photo shots.	\$ 16,141.71	L
Book Printing	Actual Printing Costs.	\$ 27,430.00	M
Fee to University Press	As requested by the publisher for a base fee to agree to edit the book and publish and provide solid distribution.	\$ 2,750.00	N
Payment to University Press	Purchase of books for Agostino von Hassell at full price.	\$ 680.00	N
Fee to John Besch	Book Introduction	\$ 7,500.00	O
Cultural Communications	Book promotion	\$ 18,200.00	P
Leslie Jean-Bart	Principal Photography	\$ 27,929.90	Q
Photo Costs in 2005	Photos	\$ 3,491.21	R
2002 Expenses	Cumulative/not listed elsewhere	\$ 52,460.91	S

Paid Out To	What For	Total Amount	Exhibit No.
2003 Expenses	Cumulative/not listed elsewhere	\$ 8,808.12	T
2004 Expenses	Cumulative/not listed elsewhere	\$ 1,591.02	U
2005 Expenses	Cumulative/not listed elsewhere; food book supplies; film and photo developing related to the military food book.	\$ 2,287.96	V
2006 Expenses	Cumulative/not listed elsewhere	\$ 6,267.21	W
2007 Expenses	Cumulative/not listed elsewhere	\$ 3,255.19	X
	Totals:	\$233,289.44	

EXHIBIT D

UNITED STATES DISTRICT COURT
SOUTHERN DISTRICT OF NEW YORK

-----X		
CHRISTINA AUGUSTIN VON HASSELL a/k/a	:	
AGOSTINO VON HASSELL,	:	
	:	07 Civ. 3477 (LAK)
Plaintiff,	:	
	:	
- against -	:	
	:	<u>AFFIDAVIT</u>
ALAIN SAINT-SAENS and UNIVERSITY	:	
PRESS OF THE SOUTH, INC.,	:	
	:	
Defendants.	:	
-----X		

STATE OF PENNSYLVANIA)
) ss.:
COUNTY OF BUCKS)

Lisa Pellegrino, being duly sworn, deposes and says:

1. I am a consultant to Plaintiff Agostino von Hassell ("von Hassell"), along with his company The Repton Group LLC ("Repton"), and I make this affidavit in support of Plaintiff's application for damages in the above-entitled case. I am fully familiar with the facts set forth herein.
2. During the period for February 2003 to December 2007 (the "Period"), I provided various professional and administrative services to Agostino von Hassell in connection with his book entitled Military High Life: Elegant Food Industries and Recipes. These services included editing, researching, writing, other editorial and production assistance and assistance with marketing and promotion.
3. During this same period, I also provided other services to Repton, and von Hassell unrelated to the Book.

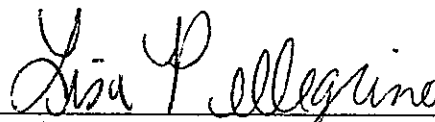
4. It has been my practice to keep records as to the amount of time I spend on different projects for Repton and von Hassell, and then to issue periodic, typically monthly, invoices describing the amount of the time I devoted to each of these projects, and the hourly charges for such work. I also include in such invoices any amount for disbursements relating to my work for Repton and von Hassell.

5. I have reviewed my invoices for the Period and prepared a summary of the amount of the time, along with related disbursements, for work relating to the Book in each month during the Period. (A copy of the summary is annexed as Exhibit A.)

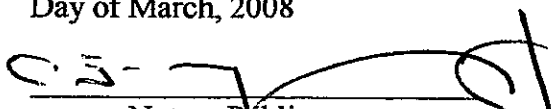
6. As set forth in the summary, the total monthly amount billed for time and disbursements during the Period for the Book was \$11,225.00 for my time and \$169.38 for disbursements related to the book, for a total of \$11,394.38. Repton and/or von Hassell fully paid to me the foregoing \$11,394.38.

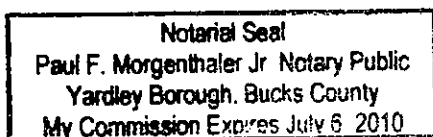
7. Also annexed to this affidavit as Exhibit B are copies of the bills issued to Repton and von Hassell. These bills were prepared by and maintained by me in the regular course of business. These bills reflect each of the charges relating to the Book set forth in the summary annexed as Exhibit A.

Dated: March 17, 2008


Lisa Pellegrino

Sworn to this 17
Day of March, 2008


Notary Public



Lisa M. Pellegrino

Month	Hours	Fees
Feb-03	3	\$90.00
Sep-03	5	\$150.00
Oct-03	2	\$60.00
Nov-03	25	\$750.00
Dec-03	9	\$280.00
Jan-04	40	\$1,200.00
Feb-04	38	\$1,140.00
Mar-04	6	\$180.00
Apr-04	12	\$360.00
May-04	12	\$360.00
Jun-04	23	\$690.00
Jul-04	24	\$720.00
Aug-04	3	\$90.00
Sep-04	5	\$150.00
Oct-04	3	\$90.00
Nov-04	2	\$60.00
Dec-04	2	\$60.00
Jan-05	4	\$120.00
Feb-05	1	\$30.00
Mar-05	15	\$450.00
Apr-05	1	\$30.00
Apr-06	4	\$140.00
Jun-06	14	\$490.00
Jul-06	8	\$280.00
Aug-06	21	\$735.00
Sep-06	32	\$1,120.00
Oct-06	16	\$560.00
Nov-06	2	\$70.00
Mar-07	7	\$245.00
Apr-07	8	\$245.00
Aug-07 14		\$160.00
Sep-07	2	\$80.00
Dec-07	1	\$40.00
		\$11,225.00

Lisa M. Pellegrino 2

Disbuserments

Dec-03 \$100 to Random House for use of quotes from Once A Marine

Sep-06 postage for Military High Life international mail - \$46.20

Sep-06 UPS shipping to AvH and UPRSouth - \$23.18

Total Expenses \$169.38

TOTAL **\$11,394.38**

EXHIBIT E

Form 1099-MISC

☐ CORRECTED (If checked)

(keep for your records)

PAYER'S name, street address, city, state, ZIP code, and telephone no. AGOSTINO VON HASSELL UPPER SALEM, ROUTE 723 P.O. BOYCE BOX 225 BOYCE, VIRGINIA 22620		1 Rents \$	OMB No. 1545-0115 2003	Miscellaneous Income 39-1908647 Department of the Treasury — IRS Copy B For Recipient
		2 Royalties \$	Form 1099-MISC	
		3 Other income \$	4 Fed. inc. tax withheld \$	
		5 Fishing boat proceeds \$	6 Medical and health care payments \$	
PAYER'S Federal identification number 080-60-0368	RECIPIENT'S identification number 224-29-0808			
RECIPIENT'S name, address, and ZIP code KRISTIN LEIGH HOELEN 112 TWINBROOK CIRCLE WINCHESTER, VA 22611		7 Nonemployee compensation \$ 600.00	8 Substitute payments in lieu of dividends or interest \$	This is important tax information and is being furnished to the Internal Revenue Service. If you are required to file a return, a negligence penalty or other sanction may be imposed on you if this income is taxable and the IRS determines that it has not been reported.
		9 Payer made direct sales of \$5,000 or more of consumer products to a buyer (recipient) for resale <input type="checkbox"/>	10 Crop insurance proceeds \$	
		11	12	
Account number (optional)		13 Excess golden parachute payments \$	14 Gross proceeds paid to an attorney \$	
15		16 State tax withheld \$	17 State/Payer's state no.	18 State income \$

Instructions to Recipients

Amounts shown may be subject to self-employment (SE) tax. If your net income from self-employment is \$400 or more, you must file a return and compute your SE tax on Schedule SE (Form 1040). See Pub. 533, Self-Employment Tax, for more information. If no income or social security and Medicare taxes were withheld and you are still receiving these payments, see Form 1040-ES, Estimated Tax for Individuals.

Individuals must report as explained below. Corporations, fiduciaries, or partnerships report the amounts on the proper line of your tax return.

Boxes 1 and 2. Report rents from real estate on Schedule E (Form 1040). If you provided significant services to the tenant, sold real estate as a business, or rented personal property as a business, report on Schedule C or C-EZ (Form 1040). For royalties on timber, coal, and iron ore, see Pub. 544, Sales and Other Dispositions of Assets.

Box 3. Generally, report this amount on line 21 of Form 1040 and identify the payment. The amount shown may be payments received as the beneficiary of a deceased employee, prizes, awards, taxable damages, Indian gaming profits, or other taxable income. If it is trade or business income, report this amount on Schedule C, C-EZ, or F (Form 1040).

Box 4. Shows backup withholding or withholding on Indian gaming profits. Generally, a payer must backup withhold at a 30% rate if you did not furnish your taxpayer identification number. See Form W-9, Request for Taxpayer Identification Number and Certification, for more information. Report this amount on your income tax return as tax withheld.

Box 5. An amount in this box means the fishing boat operator considers you self-employed. Report this amount on Schedule C or C-EZ (Form 1040). See Pub. 595, Tax Highlights for Commercial Fishermen.

Box 6. Report on Schedule C or C-EZ (Form 1040).

Box 7. Shows nonemployee compensation. If you are in the trade or business of catching fish, box 7 may show cash you received for the sale of fish. If payments in this box are SE income, report this amount on Schedule C, C-EZ, or F (Form 1040), and complete Schedule SE (Form 1040). You received this form instead of Form W-2 because the payer did not consider you an employee and did not withhold income tax or social security and Medicare taxes. Contact the payer if you believe this form is incorrect or has been issued in error. If you believe you are an employee, report this amount on line 7 of Form 1040 and call the IRS for information on how to report any social security and Medicare taxes.

Box 8. Shows substitute payments in lieu of dividends or tax-exempt interest received by your broker on your behalf after transfer of your securities for use in a short sale. Report on line 21 of Form 1040.

Box 9. If checked, \$5,000 or more of sales of consumer products was paid to you on a buy-sell, deposit-commission, or other basis. A dollar amount does not have to be shown. Generally, report any income from your sale of these products on Schedule C or C-EZ (Form 1040).

Box 10. Report this amount on line 8 of Schedule F (Form 1040).

Box 13. Shows your total compensation of excess golden parachute payments subject to a 20% excise tax. See the Form 1040 instructions for line 61.

Box 14. Shows gross proceeds paid to an attorney in connection with legal services. Report only the taxable part as income on your return.

Box 15. Other information may be provided to you in box 15.

Boxes 16-18. Shows state or local income tax withheld from the payments.

Form 1099-MISC ☐ CORRECTED (if checked)

PAYER'S name, street address, city, state, ZIP code, and telephone no. THE REPTON GROUP, LLC 399 PARK AVENUE NEW YORK, NY 10022	
PAYER'S Federal identification number 13-3746109	RECIPIENT'S identification number 224-29-0808
RECIPIENT'S name, address, and ZIP code Kristin Leigh Hoelen 112 Twinbrook Circle Winchester, VA 22602	
Account number (see instructions)	

Form 1099-MISC 2005

Miscellaneous Income

OMB No. 1545-0115
39-1906647

Department of Treasury -- IRS

1 Rents \$	2 Royalties \$	3 Other income \$
4 Fed. inc. tax withheld \$	5 Fishing boat proceeds \$	6 Medical and health care payments \$
7 Nonemployee compensation \$ 1000.00	8 Substitute payments in lieu of dividends/interest \$	9 Payer made direct sales of \$5,000 or more of consumer products to a buyer (recipient) for resale <input type="checkbox"/>
10 Crop insurance proceeds \$	11 <input type="checkbox"/>	12 <input type="checkbox"/>
13 Excess golden parachute payments \$	14 Gross proceeds paid to an attorney \$	15a Section 408A deferrals \$
15b Section 408A income..... \$		
16 State tax withheld \$	17 State/Payer's state no. \$	18 State income \$

Copy B For Recipient (keep for your records)

This is important tax information and is being furnished to the Internal Revenue Service. If you are required to file a return, a negligence penalty or other sanction may be imposed on you if this income is taxable and the IRS determines that it has not been reported.

Form 1099-MISC ☐ CORRECTED (if checked)

PAYER'S name, street address, city, state, ZIP code, and telephone no. THE REPTON GROUP, LLC 399 PARK AVENUE NEW YORK, NY 10022	
PAYER'S Federal identification number 13-3746109	RECIPIENT'S identification number 224-29-0808
RECIPIENT'S name, address, and ZIP code Kristin Leigh Hoelen 112 Twinbrook Circle Winchester, VA 22602	
Account number (see instructions)	

Form 1099-MISC 2005

Miscellaneous Income

OMB No. 1545-0115
39-1906647

Department of Treasury -- IRS

1 Rents \$	2 Royalties \$	3 Other income \$
4 Fed. income tax withheld \$	5 Fishing boat proceeds \$	6 Medical and health care payments \$
7 Nonemployee compensation \$ 1000.00	8 Substitute payments in lieu of dividends/interest \$	9 Payer made direct sales of \$5,000 or more of consumer products to a buyer (recipient) for resale <input type="checkbox"/>
10 Crop insurance proceeds \$	11 <input type="checkbox"/>	12 <input type="checkbox"/>
13 Excess golden parachute payments \$	14 Gross proceeds paid to an attorney \$	15a Section 408A deferrals \$
15b Section 408A income..... \$		
16 State tax withheld \$	17 State/Payer's state no. \$	18 State income \$

Copy 2

To be filed with recipient's state income tax return, when required.

5 FMI582I

NTF 2582013

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Instructions to Recipients

Account number. May show an account or other unique number the payer assigned to distinguish your account.

Amounts shown may be subject to self-employment (SE) tax.

If your net income from self-employment is \$400 or more, you must file a return and compute your SE tax on Schedule SE (Form 1040). See Pub. 533, Self-Employment Tax, for more information. If no income or social security and Medicare taxes were withheld and you are still receiving these payments, see Form 1040-ES, Estimated Tax for Individuals. Individuals must report as explained below. Corporations, fiduciaries, or partnerships report the amounts on the proper line of your tax return.

Boxes 1 and 2. Report rents from real estate on Schedule E (Form 1040). If you provided significant services to the tenant, sold real estate as a business, or rented personal property as a business, report on Schedule C or C-EZ (Form 1040). For royalties on timber, coal, and iron ore, see Pub. 544, Sales and Other Dispositions of Assets.

Box 3. Generally, report this amount on the "Other income" line of Form 1040 and identify the payment. The amount shown may be payments received as the beneficiary of a deceased employee, prizes, awards, taxable damages, Indian gaming profits, or other taxable income. See Pub. 525, Taxable and Nontaxable Income. If it is trade or business income, report this amount on Schedule C, C-EZ, or F (Form 1040).

Box 4. Shows backup withholding or withholding on Indian gaming profits. Generally, a payer must backup withhold at a 28% rate if you did not furnish your taxpayer identification number. See Form W-9, Request for Taxpayer Identification Number and Certification, for more information. Report this amount on your income tax return as tax withheld.

Box 5. An amount in this box means the fishing boat operator considers you self-employed. Report this amount on Schedule C or C-EZ (Form 1040). See Pub. 595, Tax Highlights for Commercial Fishermen.

Box 6. Report on Schedule C or C-EZ (Form 1040).

Box 7. Shows nonemployee compensation. If you are in the trade or business of catching fish, box 7 may show cash you received for the sale of fish. If payments in this box are SE income, report this amount on Schedule C, C-EZ, or F (Form 1040), and complete Schedule SE (Form 1040). You received this form instead of Form W-2 because the payer did not consider you an employee and did not withhold income tax or social security and Medicare taxes. Contact the payer if you believe this form is incorrect or has been issued in error. If you believe you are an employee, report this amount on line 7 of Form 1040 and call the IRS for information on how to report any social security and Medicare taxes.

Box 8. Shows substitute payments in lieu of dividends or tax-exempt interest received by your broker on your behalf as a result of a loan of your securities. Report on the "Other income" line of Form 1040.

Box 9. If checked, \$5,000 or more of sales of consumer products was paid to you on a buy-sell, deposit-commission, or other basis. A dollar amount does not have to be shown. Generally, report any income from your sale of these products on Schedule C or C-EZ (Form 1040).

Box 10. Report this amount on line 8 of Schedule F (Form 1040).

Box 13. Shows your total compensation of excess golden parachute payments subject to a 20% excise tax. See the Form 1040 instructions for where to report.

Box 14. Shows gross proceeds paid to an attorney in connection with legal services. Report only the taxable part as income on your return.

Box 15a. Shows current year deferrals as a nonemployee under a section 408A nonqualified deferred compensation (NQDC) plan. Any earnings on current and prior year deferrals must also be reported.

Box 15b. Shows income as a nonemployee under a NQDC plan that does not meet the requirements of section 408A. This amount is also included in box 7 as nonemployee compensation. Any amount included in box 15a that is currently taxable is also included in this box. This income is also subject to a substantial additional tax to be reported on Form 1040. See "Total Tax" in the Form 1040 instructions.

Boxes 16-18. Shows state or local income tax withheld from the payments.

Form 1099-MISC

☐ CORRECTED (if checked)

Form 1099-MISC 2005

OMB No. 1545-0115

39-1808647

Department of Treasury -- IRS

PAYER'S name, street address, city, state, ZIP code, and telephone no.

AGOSTINO VON HASSELL
UPPER SALEM, ROUTE 723
P.O. BOYCE BOX 225
BOYCE, VIRGINIA 22620

PAYER'S Federal identification number

080-60-0368

RECIPIENT'S identification number

224-29-0808

RECIPIENT'S name, address, and ZIP code

KRISTIN LEIGH HOELEN

112 TWINBROOK CIRCLE
WINCHESTER, VA 22602

Account number (see instructions)

224290808/6

Miscellaneous Income

1 Rents \$	2 Royalties \$	3 Other income \$
4 Fed. inc. tax withheld \$	5 Fishing boat proceeds \$	6 Medical and health care payments \$
7 Nonemployee compensation \$ 1800.00	8 Substitute payments in lieu of dividends/ interest \$	9 Payer made direct sales of \$5,000/more of consumer products to a buyer (recipient) for resale <input type="checkbox"/>
10 Crop insurance proceeds \$	11 <input type="checkbox"/>	12 <input type="checkbox"/>
13 Excess golden parachute payments \$	14 Gross proceeds paid to an attorney \$	15a Section 409A deferrals \$
15b Section 409A income..... \$		
16 State tax withheld \$	17 State/Payer's state no. \$	18 State income \$

Copy B For Recipient (keep for your records)

This is important tax information and is being furnished to the Internal Revenue Service. If you are required to file a return, a negligence penalty or other sanction may be imposed on you if this income is taxable and the IRS determines that it has not been reported.

Form 1099-MISC

☐ CORRECTED (if checked)

Form 1099-MISC 2005

OMB No. 1545-0115

39-1808647

Department of Treasury -- IRS

PAYER'S name, street address, city, state, ZIP code, and telephone no.

AGOSTINO VON HASSELL
UPPER SALEM, ROUTE 723
P.O. BOYCE BOX 225
BOYCE, VIRGINIA 22620

PAYER'S Federal identification number

080-60-0368

RECIPIENT'S identification number

224-29-0808

RECIPIENT'S name, address, and ZIP code

KRISTIN LEIGH HOELEN

112 TWINBROOK CIRCLE
WINCHESTER, VA 22602

Account number (see instructions)

224290808/6

Miscellaneous Income

1 Rents \$	2 Royalties \$	3 Other income \$
4 Fed. income tax withheld \$	5 Fishing boat proceeds \$	6 Medical and health care payments \$
7 Nonemployee compensation \$ 1800.00	8 Substitute payments in lieu of dividends/ interest \$	9 Payer made direct sales of \$5,000/more of consumer products to a buyer (recipient) for resale <input type="checkbox"/>
10 Crop insurance proceeds \$	11 <input type="checkbox"/>	12 <input type="checkbox"/>
13 Excess golden parachute payments \$	14 Gross proceeds paid to an attorney \$	15a Section 409A deferrals \$
15b Section 409A income..... \$		
16 State tax withheld \$	17 State/Payer's state no. \$	18 State income \$

Copy 2

To be filed with recipient's state income tax return, when required.

5 FMISB21

NTF 2582013

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Instructions to Recipients

Account number. May show an account or other unique number the payer assigned to distinguish your account.

Amounts shown may be subject to self-employment (SE) tax.

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Boxes 1 and 2. Report rents from real estate on Schedule E (Form 1040). If you provided significant services to the tenant, sold real estate as a business, or rented personal property as a business, report on Schedule C or C-EZ (Form 1040). For royalties on timber, coal, and iron ore, see Pub. 544, Sales and Other Dispositions of Assets.
Box 3. Generally, report this amount on the "Other income" line of Form 1040 and identify the payment. The amount shown may be payments received as the beneficiary of a deceased employee, prizes, awards, taxable damages, Indian gaming profits, or other taxable income. See Pub. 525, Taxable and Nontaxable Income. If it is trade or business income, report this amount on Schedule C, C-EZ, or F (Form 1040).

Box 4. Shows backup withholding or withholding on Indian gaming profits. Generally, a payer must backup withhold at a 28% rate if you did not furnish your taxpayer identification number. See Form W-9, Request for Taxpayer Identification Number and Certification, for more information. Report this amount on your income tax return as tax withheld.

Box 5. An amount in this box means the fishing boat operator considers you self-employed. Report this amount on Schedule C or C-EZ (Form 1040). See Pub. 585, Tax Highlights for Commercial Fishermen.

Box 6. Report on Schedule C or C-EZ (Form 1040).

Box 7. Shows nonemployee compensation. If you are in the trade or business of catching fish, box 7 may show cash you received for the sale of fish. If payments in this box are SE income, report this amount on Schedule C, C-EZ, or F (Form 1040), and complete Schedule SE (Form 1040). You received this form instead of Form W-2 because the payer did not consider you an employee and did not withhold income tax or social security and Medicare taxes. Contact the payer if you believe this form is incorrect or has been issued in error. If you believe you are an employee, report this amount on line 7 of Form 1040 and call the IRS for information on how to report any social security and Medicare taxes.

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Box 9. If checked, \$5,000 or more of sales of consumer products was paid to you on a buy-sell, deposit-commission, or other basis. A dollar amount does not have to be shown. Generally, report any income from your sale of these products on Schedule C or C-EZ (Form 1040).

Box 10. Report this amount on line 8 of Schedule F (Form 1040).

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Box 15b. Shows income as a nonemployee under a NQDC plan that does not meet the requirements of section 409A. This amount is also included in box 7 as nonemployee compensation. Any amount included in box 15a that is currently taxable is also included in this box. This income is also subject to a substantial additional tax to be reported on Form 1040. See "Total Tax" in the Form 1040 instructions.

Boxes 16-18. Shows state or local income tax withheld from the payments.

AGOSTINO VON HASSELL

2 SUTTON PLACE SOUTH • NEW YORK, NEW YORK 10022
212-832-2818 • FAX 212-826-5939 • E-MAIL AvonHassel@AOL.com

July 5, 2004

Ms. Kristin Leigh Hoelen
112 Twinbrook Circle
Winchester, Va. 22602

Dear Kristin:

Enclosed is one check for \$500.00 towards work.

All my best,

Enclosure

EXHIBIT F

OFFICE SERVICES & SUPPLY 2004

017	Map	5600	
114	Random Props	119487	
114	Kroll Env.	3084	
117	Staplers/Env.	4068	
122	Typroom Props	27354	
18	Howell Shipping	3700	
18	Howell Shipping	3650	
22	USMC	2842	
129	Synthes	4694	
22	V-Books → V.R.	7018	
23	A. Times	25000	
21	USMC Supplies	9590	
34	Howell	47225	
310	Env.	307	
39	Various / Kroll	15570	
39	Peachtree	20000	296427
317	Env.	125	
325	Corker - P.B.	24923	
330	Kroll Env.	21736	
330	Fax Cart & Env.	4436	
330	S. Fax Station.	3989	
415	Sheets / PIX	17630	
420	g - Amp	25500	
427	V. Kroll	3700	
429	Phone	8688	
429	Kullsh Signs	5006	
56	Env.	1086	
510	Howell Shp.	962	
515	KYPA - / Alms	29085	
518	FOLI	60801	

2004

FILM & DEV.

122	Manday	598	
218	OSS	1911	
224	OSS	6284	
34	Typham	37639	
39	Typham	3757	
426	W.P.	7604	
429	F. Booth	16147	
55	G. Cap	2767	
514	Mele/	3083	
520	F.B.	2270	
525	Alms	1411	
62	F.B.	4152	871.33
616	F.B.	1710	
83	F.B.	1411	
98	F.B.	4152	944.06
928	F.B.	4152	
1014	Typh.	4132	
1019	OSS	3099	
1110	V-OSS	20784	
1129	Typh.	9774	
1220	F.B.	5632	1369.40
1230	V	2718	1396.56

COPIES

2004

0112 OSS

25 T.

28 USMC

36 OSS

314 OSS

564 OSS

426 OSS

610 OSS

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715 Nichols

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ASSISTANTS

2004

✓ 17	Simone		7000.00	
✓ 84	Deborah Fisher		400.00	
3 10	Simone		644.00	
3 9	Simone		2500.00	
✓ 3 9	Kirk Hamilton		2000.00	
✓ 4 28	Sigval		2000.00	
✓ 4 24	Lerke		500.00	
5 12	BIG	1502	3800.00	
5 12	BIG	1501	500.00	
5 19	BIG	1510	2000.00	
5 19	MARK BELLA		1650.00	
5 27	BIG	1528	1000.00	
6 1	Simone WT		1100.00	24294.00
6 22	S. Kulash	1572	2000.00	
6 24	S. Kulash		343.58	
6 24	Simone WT		4500.00	
6 30	Simone		1500.00	
7 6	KRISTIN H.		500.00	
7 28	Bru. Mel.	# 1617	1660.00	33137.58
8 9	S. Kulash	# 1625	200.00	
8 26	Simone	# 1647	800.00	35737.58
9 28	Moog Japan		1780.00	
10 4	Simone		5000.00	42517.58
15 15	Simone	# 1820	3500.00	
12 15	S. Mc Rae	# 1819	5000.00	51017.58
12 22	D. FISHER		400.00	
12 22	BIG		3500.00	
12 22	Simone		1500.00	
12 22	Liam Pelley		1000.00	57417.58
12 30	OLIVET		7500.00	
12 30	KRISTIN		400.00	65317.58

9 12	A
19 10	A

3 16	VS
12 22	VS

OFFICE SERVICES & SUPPLY 2004

017	Map	5600	
114	Raman Props	119487	
114	Kroll Env.	3084	
117	Staplers/Env.	4068	
122	Typhoon Props	27354	
18	Howell Shipping	3700	
18	Howell Shipping	3650	
22	USPS	8842	
129	Square	4694	
22	T-Books → T.P.	7018	
23	A. Times	25000	
21	USMC Supplies	9590	
34	Howell	47225	
310	Env.	307	
39	Various / Kroll	15570	
39	Peachtree	20000	296427
317	Env.	125	
325	Corker - P.B.	24983	
330	Kroll Env.	21736	
330	Fax Cart & Env.	4436	
330	S. Fax Station.	3989	
415	Shells / PIX	17630	
420	G - Amp	25500	
427	V. Kroll	3700	
429	Phone	8688	
⊗ 429	Kulobh Signs	5000	
56	Env.	1086	
510	Howell Shp.	962	
515	LYPRA - / Arms	29080	
518	FOLI	60801	

2004

FILM & DEV.

1.22	Mandy	5.98	
2.18	OSS	14.11	
2.24	OSS	62.84	
2.4	Typham	376.39	
3.9	Typham	37.57	
4.26	W.P.	76.04	
X 4.29	F. Booth	161.47	
5.5	8. Cap	27.67	
5.14	Mele/	30.83	
X 5.20	F.B.	22.70	
5.25	Almo	14.11	
X 6.2	F.B.	41.52	871.33
X 6.16	F.B.	17.10	
X 8.3	F.B.	14.11	
X 9.8	F.B.	41.52	944.06
X 9.28	F.B.	41.52	
10.14	Typh.	41.32	
10.19	OSS	30.99	
11.10	V-OSS	207.84	
11.29	Typh.	9.774	
X 12.20	F.B.	56.32	1369.40
12.30	V	27.18	1396.56

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627	OSS
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78	Winkos F.B.
715	Winkos
822	W/C
922	Shapka, Copers
1018	Winkos/ F.B.
1203	OSS

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1803	15429
2637	
66943	
5649	
11500	102158
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832	
2231	105940

ASSISTANTS

2004

✓	17	Simone		7000.00	
X	✓	84	Dekora Fisher	400.00	
		310	Simone	644.00	
		39	Simone	2500.00	
✓	39	Kirk Harrington		2000.00	
✓	428	Sigval		2000.00	
X	✓	424	Lentke	500.00	
	512	BIG	1502	3800.00	
	512	BIG	1501	500.00	
	519	BIG	1510	2000.00	
	519	MARC BELLA		1650.00	
	527	BIG	1528	1000.00	
	61	Simone WT		1100.00	24244.00
X	622	S. Kulash	1572	2000.00	
X	624	S. Kulash		343.58	
	624	Simone WT		4500.00	
	630	Simone		1500.00	
	76	KRISTIN H.		500.00	33137.58
	728	Ban. Intel.	# 1617	1600.00	
X	89	S. Kuhren	# 1625	200.00	
	826	Simone	# 1647	800.00	35737.58
	928	Moog Japan		1780.00	
	104	Simone		5000.00	42517.58
	1515	Simone	# 1820	3500.00	
	1215	S. Mc Rae	# 1819	5000.00	51017.58
X	1222	D. FISHER		400.00	
	1222	BIG		3500.00	
	1222	Simone		1500.00	
	1222	Linn Pelley		1000.00	57417.58
X	1230	OLIVET		7500.00	
	1230	KRISTIN		400.00	65317.58

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19.10	A

	AD.
3.16	VS
12.22	VS

EXHIBIT G

Deborah Fisher
1343 Elon Circle
Fort Washington, PA 19034

December 22, 2004

Enclosed check for \$400.00 is the balance due on the military food book editing job.

Agostino von Hassell

Copyediting Proposal from Deborah Fisher

Contact Information — Deborah Fisher
1343 Elon Circle
Fort Washington, PA 19034
215-654-5227

Specs — This proposal is based on a book size of 150 pages. This count does not include pages that only have full-page pictures on them.

Services — Review of all text, captions and recipes in the book for:

- Grammar
- Punctuation
- Style
- Fact-checking of glaring factual errors (e.g., names spelled two different ways in the text)

Cost — \$800

EXHIBIT H

Military Food Book

Expenses

Payments made to S. Kulesh

\$13,151.16

Kulesh Design Group
Food Book Expense Detail

Sherilyn Kulesh Design		
Date	Detail	Price
10/01/2003	Food Book Deposit	365.50
10/01/2003	Food Book	4,500.00
04/20/2004	Food book expenses	47.43
06/17/2004	Reimbursement for Expenses	343.58
11/11/2004	Food Book - Final Billing	200.00
08/14/2005	Military High Life - Book Design	2,775.00
08/18/2005	Compile, Print, Ship color comp of Military Food Book	714.65
10/12/2005	Three Sets of Color Copies/Shipping	100.00
03/07/2006	Food Book Copy/Shipping	75.00
07/03/2006	Food Book Promotion Advance	11.00
07/03/2006	Military Promo Projects	329.50
08/26/2006	Stationery	1,000.00
08/26/2006	Card Mailer	100.00
08/26/2006	Shipping	350.00
08/26/2006	Advance	219.50
11/01/2007	Commission from the Food Book	20.00
11/01/2007	Mailer	2,000.00
	TOTAL	13,151.16

Form 1099-MISC ☐ CORRECTED (if checked)

PAYER'S name, street address, city, state, ZIP code, and telephone no.

THE REPTON GROUP, LLC
399 PARK AVENUE
NEW YORK, NY 10022

PAYER'S Federal identification number
13-3746109RECIPIENT'S identification number
132-68-1092

RECIPIENT'S name, address, and ZIP code

SHERILYN KULESH
SHERILYN KULESH DESIGN
17 STRINGER DRIVE
DOYLESTOWN, PA 18901

Account number (see instructions)
132681092/8

Form 1099-MISC 2005

Miscellaneous Income

OMB No. 1545-0115

39-1906647

Department of Treasury -- IRS

1 Rents \$	2 Royalties \$	3 Other income \$
4 Fed. inc. tax withheld \$	5 Fishing boat proceeds \$	6 Medical and health care payments \$
7 Nonemployee compensation \$ 2000.00	8 Substitute payments in lieu of dividends/interest \$	9 Payer made direct sales of \$5,000 or more of consumer products to a buyer (recipient) for resale <input type="checkbox"/>
10 Crop insurance proceeds \$	11 <input type="checkbox"/>	12 <input type="checkbox"/>
13 Excess golden parachute payments \$	14 Gross proceeds paid to an attorney \$	15a Section 408A deferrals \$
15b Section 408A income <input type="checkbox"/>		
16 State tax withheld \$	17 State/Payer's state no. \$	18 State income \$

Copy B For Recipient (keep for your records)

This is important tax information and is being furnished to the Internal Revenue Service. If you are required to file a return, a federal estate penalty or other sanction may be imposed on you if this income is taxable and the IRS determines that it has not been reported.

Form 1099-MISC ☐ CORRECTED (if checked)

PAYER'S name, street address, city, state, ZIP code, and telephone no.

THE REPTON GROUP, LLC
399 PARK AVENUE
NEW YORK, NY 10022

PAYER'S Federal identification number
13-3746109RECIPIENT'S identification number
132-68-1092

RECIPIENT'S name, address, and ZIP code

SHERILYN KULESH
SHERILYN KULESH DESIGN
17 STRINGER DRIVE
DOYLESTOWN, PA 18901

Account number (see instructions)
132681092/8

Form 1099-MISC 2005

Miscellaneous Income

OMB No. 1545-0115

39-1906647

Department of Treasury -- IRS

1 Rents \$	2 Royalties \$	3 Other income \$
4 Fed. income tax withheld \$	5 Fishing boat proceeds \$	6 Medical and health care payments \$
7 Nonemployee compensation \$ 2000.00	8 Substitute payments in lieu of dividends/interest \$	9 Payer made direct sales of \$5,000 or more of consumer products to a buyer (recipient) for resale <input type="checkbox"/>
10 Crop insurance proceeds \$	11 <input type="checkbox"/>	12 <input type="checkbox"/>
13 Excess golden parachute payments \$	14 Gross proceeds paid to an attorney \$	15a Section 408A deferrals \$
15b Section 408A income <input type="checkbox"/>		
16 State tax withheld \$	17 State/Payer's state no. \$	18 State income \$

Copy 2

To be filed with recipient's state income tax return, when required.

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Instructions to Recipients

Account number. May show an account or other unique number the payer assigned to distinguish your account.

Amounts shown may be subject to self-employment (SE) tax.

If your net income from self-employment is \$400 or more, you must file a return and compute your SE tax on Schedule SE (Form 1040). See Pub. 533, Self-Employment Tax, for more information. If no income or social security and Medicare taxes were withheld and you are still receiving these payments, see Form 1040-ES, Estimated Tax for Individuals. Individuals must report as explained below. Corporations, fiduciaries, or partnerships report the amounts on the proper line of your tax return.

Boxes 1 and 2. Report rents from real estate on Schedule E (Form 1040). If you provided significant services to the tenant, sold real estate as a business, or rented personal property as a business, report on Schedule C or C-EZ (Form 1040). For royalties on timber, coal, and iron ore, see Pub. 544, Sales and Other Dispositions of Assets.

Box 3. Generally, report this amount on the "Other income" line of Form 1040 and identify the payment. The amounts shown may be payments received as the beneficiary of a deceased employee, prizes, awards, taxable damages, Indian gaming profits, or other taxable income. See Pub. 525, Taxable and Nontaxable Income. If it is trade or business income, report this amount on Schedule C, C-EZ, or F (Form 1040).

Box 4. Shows backup withholding or withholding on Indian gaming profits. Generally, a payer must backup withhold at a 28% rate if you did not furnish your taxpayer identification number. See Form W-9, Request for Taxpayer Identification Number and Certification, for more information. Report this amount on your income tax return as tax withheld.

Box 5. An amount in this box means the fishing boat operator considers you self-employed. Report this amount on Schedule C or C-EZ (Form 1040). See Pub. 595, Tax Highlights for Commercial Fishermen.

Box 6. Report on Schedule C or C-EZ (Form 1040).

Box 7. Shows nonemployee compensation. If you are in the trade or business of catching fish, box 7 may show cash you received for the sale of fish. If payments in this box are SE income, report this amount on Schedule C, C-EZ, or F (Form 1040), and complete Schedule SE (Form 1040). You received this form instead of Form W-2 because the payer did not consider you an employee and did not withhold income tax or social security and Medicare taxes. Contact the payer if you believe this form is incorrect or has been issued in error. If you believe you are an employee, report this amount on line 7 of Form 1040 and call the IRS for information on how to report any social security and Medicare taxes.

Box 8. Shows substitute payments in lieu of dividends or tax-exempt interest received by your broker on your behalf as a result of a loan of your securities. Report on the "Other income" line of Form 1040.

Box 9. If checked, \$5,000 or more of sales of consumer products was paid to you on a buy-sell, deposit-commission, or other basis. A dollar amount does not have to be shown. Generally, report any income from your sale of these products on Schedule C or C-EZ (Form 1040).

Box 10. Report this amount on line 8 of Schedule F (Form 1040).

Box 13. Shows your total compensation of excess golden parachute payments subject to a 20% excise tax. See the Form 1040 instructions for where to report.

Box 14. Shows gross proceeds paid to an attorney in connection with legal services. Report only the taxable part of income on your return.

Box 15a. Shows current year deferrals as a nonemployee under a section 408A nonqualified deferred compensation (NQDC) plan. Any earnings on current and prior year deferrals must also be reported.

Box 15b. Shows income as a nonemployee under a NQDC plan that does not meet the requirements of section 408A. This amount is also included in box 7 as nonemployee compensation. Any amount included in box 15a that is currently taxable is also included in this box. This income is also subject to a substantial additional tax to be reported on Form 1040. See "Total Tax" in the Form 1040 instructions.

Boxes 16-18. Shows state or local income tax withheld from the payments.

Form 1099-MISC ☐ CORRECTED (if checked)

PAYER'S name, street address, city, state, ZIP code, and telephone no.

THE REPTON GROUP, LLC
399 PARK AVENUE

Form 1099-MISC 2005

Miscellaneous Income

OMB No. 1545-0115

39-1906647

Department of Treasury -- IRS

1 Rents	2 Royalties	3 Other income
---------	-------------	----------------

Form 1099-MISC		<input type="checkbox"/> CORRECTED (if checked)		(keep for your records)	
PAYER'S name, street address, city, state, ZIP code, and telephone no. AGOSTINO VON HASSELL UPPER SALEM, ROUTE 723 P.O. BOYCE BOX 225 BOYCE, VIRGINIA 22620		1 Rents \$		OMB No. 1545-0115 2006	
		2 Royalties \$		Form 1099-MISC Department of the Treasury — IRS	
		3 Other income \$		4 Fed. inc. tax withheld \$	
PAYER'S federal identification number 080-60-0368	RECIPIENT'S identification number 132-68-1092	5 Fishing boat proceeds \$		6 Medical and health care payments \$	
RECIPIENT'S name, address, and ZIP code SHERILYN KULESH SHERILYN KULESH DESIGN 17 STRINGER DRIVE DOYLESTOWN, PA 18901		7 Nonemployee compensation \$ 2285.00		8 Substitute payments in lieu of dividends or interest \$	
Account number (see instructions) 132681092/9		9 Payer made direct sales of \$5,000 or more of consumer products to a buyer (recipient) for resale <input type="checkbox"/>		10 Crop insurance proceeds \$	
11		12		This is important tax information and is being furnished to the Internal Revenue Service. If you are required to file a return, a negligence penalty or other sanction may be imposed on you if this income is taxable and the IRS determines that it has not been reported.	
13 Excess golden parachute payments \$		14 Gross proceeds paid to an attorney \$			
15a Section 409A deferrals \$		15b Section 409A income \$			
16 State tax withheld \$		17 State/Payer's state no. \$		18 State income \$	

Instructions for Recipients

Account number. May show an account or other unique number the payer assigned to distinguish your account.

Amounts shown may be subject to self-employment (SE) tax. If your net income from self-employment is \$400 or more, you must file a return and compute your SE tax on Schedule SE (Form 1040). See Pub. 334, Tax Guide for Small Business, for more information. If no income or social security and Medicare taxes were withheld and you are still receiving these payments, see Form 1040-ES, Estimated Tax for Individuals. Individuals must report as explained below. Corporations, fiduciaries, or partnerships report the amounts on the proper line of your tax return.

Boxes 1 and 2. Report rents from real estate on Schedule E (Form 1040). If you provided significant services to the tenant, sold real estate as a business, or rented personal property as a business, report on Schedule C or C-EZ (Form 1040). For royalties on timber, coal, & iron ore, see Pub. 544, Sales and Other Dispositions of Assets.

Box 3. Generally, report this amount on the "Other Income" line of Form 1040 and identify the payment. The amount shown may be payments received as the beneficiary of a deceased employee, prizes, awards, taxable damages, Indian gaming profits, or other taxable income. See Pub. 525, Taxable and Nontaxable Income. If it is trade or business income, report this amount on Schedule C, C-EZ, or F (Form 1040).

Box 4. Shows backup withholding or withholding on Indian gaming profits. Generally, a payer must backup withhold at a 28% rate if you did not furnish your taxpayer identification number. See Form W-9, Request for Taxpayer Identification Number and Certification, for more information. Report this amount on your income tax return as tax withheld.

Box 5. An amount in this box means the fishing boat operator considers you self-employed. Report this amount on Schedule C or C-EZ (Form 1040). See Pub. 595, Tax Highlights for Commercial Fishermen.

Box 6. For individuals, report on Schedule C or C-EZ (Form 1040).

Box 7. Shows nonemployee compensation. If you are in the trade or business of catching fish, box 7 may show cash you received for the sale of fish. If payments in this box are SE income, report this amount on Schedule C, C-EZ, or F (Form 1040), and complete Schedule SE (Form 1040). You received this form instead of Form W-2 because the payer did not consider you an employee and did not withhold income tax or social security and Medicare taxes. Contact the payer if you believe this form is incorrect or has been issued in error. If you believe you are an employee, report this amount on line 7 of Form 1040 and call the IRS for information on how to report any social security and Medicare taxes.

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Box 9. If checked, \$5,000 or more of sales of consumer products was paid to you on a buy-sell, deposit-commission, or other basis. A dollar amount does not have to be shown. Generally, report any income from your sale of these products on Schedule C or C-EZ (Form 1040).

Box 10. Report this amount on line 8 of Schedule F (Form 1040).

Box 13. Shows your total compensation of excess golden parachute payments subject to a 20% excise tax. See the Form 1040 instructions for where to report.

Box 14. Shows gross proceeds paid to an attorney in connection with legal services. Report only the taxable part as income on your return.

Box 15a. Shows current year deferrals as a nonemployee under a nonqualified deferred compensation (NQDC) plan that is subject to the requirements of section 409A. Any earnings on current and prior year deferrals are also reported.

Box 15b. Shows income as a nonemployee under a NQDC plan that does not meet the requirements of section 409A. This amount is also included in box 7 as nonemployee compensation. Any amount included in box 15a that is currently taxable is also included in this box. This income is also subject to a substantial additional tax to be reported on Form 1040. See "Total Tax" in the Form 1040 instructions.

Boxes 16-18. Shows state or local income tax withheld from the payments.